



CHANEL COLLEGE

news

28 January 2016

Term 1 Week 1

VOLUME 49

"To act justly, to love tenderly and walk humbly with your God" Micah 6:8

From the Principal



Welcome to the 2016 College year – our Golden Jubilee Year! Our theme for this year is "Rejoice and Be Glad" as we remember with gratitude the many people who established and fostered our community. You may notice that our logo for the year has already been widely distributed in our community – congratulations to Ryan Lilley for the design concept.

During Term 2 we will have a special focus on our Golden Jubilee on Chanel Day which we will celebrate on Wednesday 1 June and the following weekend, the 4 and 5 of June. This year I would like to share with you some of our stories as recorded in the local newspaper cuttings and newsletters.

This week in Chanel History... from the local paper Wednesday 31 January 1968.

WHAT I SEE

With the opening of school week, most families in the town are back to the usual daily routine and settled in for another year of home-life, work and school. The new Catholic High School – Chanel College is a grand addition to the town's architecture and to its educational centres and will fill a long-felt want in this town and district. May much success come its way.

Enrolments at the Stella Maris/Chanel Catholic Colleges have risen to 150. This comprises grades eight and nine. Last year when the college opened with grade eight students only, the enrolment stood at 75.

Staffing Updates

I would also like to welcome the new staff joining us this year.

- Mr Josh Carseldine - Science, Maths
- Mr Thomas Grealy - History, Religious Education
- Mr Mark Hayes - Stella Maris Pastoral Leader, Maths
- Mr Andrew McCaskill - E-Learning Coordinator, Digital Technology

Ms Jess Ryan is currently on long service leave and the Acting Marcellin Pastoral Leader is Ms Sonya Spollen.

Mail Out Newsletter

Last week a newsletter was mailed home which contained some very important information regarding the start of the school year. If you did not receive this mail out, please contact the College Office.

Opening Mass

To celebrate the opening of the school year, I would like to issue a warm invitation to join us for our Opening Mass which will be held on **Thursday 4 February** commencing at **9.15 am** in the Marian Centre.

P and F Meeting

I would like to invite all members of the Chanel Community to attend our first P and F Meeting for the year on **Wednesday 17 February** from **5.30 – 6.30 pm**. Our P and F is not a fund raising committee, but the committee does make decisions as to how the P and F levy is spent. News on the building program is also shared at this meeting. Please consider coming along!



God bless
S. M. Volp
Sharon Volp

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website: www.chanelcollege.qld.edu.au

Student Absentee Hotline: 4973 4791



Good News

Kath Hore - Mission & RE Support Officer

Prayer Support

Following tradition, Chanel College families and/or individuals are asked to be involved in offering prayer support for our Year 12 students. This is a very important year and one that can be quite stressful at times for our young people. Each person or family who commits is asked to pray each day, a prayer of their choice, for the student. This is a practical way of demonstrating our concern for our Year 12 students. Anyone who believes in the power of prayer is welcome to be a prayer support person/family. If you have not already received and returned your notice, and would like to participate, please leave your name and contact details at the College Office before Wednesday 3 February.

Opening Mass

The Opening Mass for 2016 will be celebrated on 4 February beginning at 9.00 am in the Marian Centre. All parents/carers are welcome to join in our celebration of what will be another busy and fulfilling year.

Connecting with Marists

Over the last weekend of the school holidays, our College Captains – Sophie Ovenden and Lachlan James, and Vice-captains – Isabella Aitkenhead and Aiden Parker, spent time at the Marist Student Leaders' Gathering in Brisbane. They were given the opportunity to deepen their understanding of leadership, network with other Marist schools and participate in shared prayer and liturgies. Many thanks to Mrs Wales who accompanied them and we look forward to sharing their new found skills and ideas as they lead us in 2016.

Second Hand Uniform Outlet

With the assistance of McAuley 3 Pastoral Care Group, the Second Hand Uniform Outlet raised \$2500.00 last year. The money was donated to the MacKillop Foundation to assist their work in Peru and East Timor, The Marist Sisters educating disadvantaged children in Bangladesh and The Mercy Sisters assisting with education in Papua New Guinea. The 'Outlet' will continue to operate in 2016 and will open each Wednesday in the RE Resource Room during the first break.

If you have uniforms your child no longer requires - all donations are gratefully accepted and many thanks to those who have already sent in donations.

Thursday Mass

Ms Emerick's Year 12 SOR Class will commence this year's masses on Thursday 11 February – Commencing 10.40 am in the Library (while the Chapel is being renovated). **PARENTS/CARERS are WELCOME!**

Please Pray for ...

- Civilians in Middle Eastern countries as the political unrest continues to cause pain and suffering.
- All our new students and staff as they commence their journey at Chanel College.
- A year during which we will always be grateful and celebrate our Golden Jubilee Year.
- People in our community who are unwell or recovering from illness.

Praise and Thanks for...

- Civilians and defence personnel working to rebuild lives and to bring peace, unity and justice in many parts of the world.
- A safe return to school after a relaxing and renewing holiday.
- The wonderful country we live in - celebrating together.

If you have any requests for either of the above prayers, please leave your request at the Office.

Welcome all new staff
to the Chanel Community

New Staff



Thomas Grealley
History
Religious Education



Josh Carseldine
Science, Maths



Mark Hayes
Maths
Stella Maris Pastoral Leader



Andrew McCaskill
E-Learning Coordinator
Digital Technology

Parenting *ideas*

INSIGHTS

Building parent-school partnerships

WORDS Michael Grose

Making a smooth start to secondary school

Getting used to new subjects and new teachers, as well as forming new friendships, are just some of the requirements of this transition.

Starting secondary school is a time of change and uncertainty, which places new demands on young people. Being at the bottom of the pecking order where they are unsure of the playground hierarchies is just one adjustment that they need to make.

Some kids take these new experiences in their stride but it is natural to experience some difficulty, particularly when it's accompanied by the potentially unsettling transition from childhood to adolescence. It's no coincidence that many research projects indicate that children's learning levels out in the transition year, presumably because the social tasks of adjustment take precedence over academic performance.

It helps to remember the Four P's to help your young person settle in:

1 Promote friendships

The quicker kids form new friendships the sooner they'll feel comfortable in their secondary school surroundings. Encourage your young person to be open to forming friendships with all sorts of kids; to be accepting of others who may be different to them; to take social risks by joining in activities even though they may feel uncomfortable; and to be friendly, approachable and positive!

2 Practice patience

Patience and understanding in the early weeks is essential. Brush up on your listening skills as you help your young person adjust. Talk to your young person about change and reassure them that it is normal to feel unsure or nervous in new circumstances. Let them know that many difficulties they face will be temporary.

3 Pursue a positive attitude

Confidence is catching so make sure you see this transition time as an exciting challenge that your child can handle rather than an event to be feared. Ask them about the new subjects or interesting activities they are doing, and try to shift their focus to the positive aspects of school. Discuss settling in issues with the appropriate person such as your child's Pastoral Care Teacher or Pastoral Leader, but give your young person time to handle them on their own before seeking help.

4 Process their day

Some young people may come home with fairly exaggerated accounts of secondary school and may not always paint a fair picture. They may become sensitive to things that they might have shrugged off in primary school. Listen without judgment and show a real interest in their new school, while providing

them with the space they need to get away for a while. Expect some behaviour blowouts as many kids let off steam in the relatively safe and stable environment of a loving family.

If your eldest is starting, then secondary school will be a relatively new experience for you too. It will take some time for you to adjust to the school's culture and communication methods.

Although secondary schools may seem a little foreign for those used to the relative intimacy of primary schools, one aspect is the same – outcomes for students are maximised when schools and parents work together in the best interests of the student.

One way to support your young person's school is by actively promoting the school's values. For instance, if respect is a prominent school value then you can discuss this in relation to the way your young person behaves around friends, relatives and family.

Most importantly, talk up your young person's new school, rather than talk it down, as kids of all ages take their cues from the most significant adults in their lives – their parents!

Michael Grose 



Stay one step ahead of your kids with great ideas & expert advice from Michael Grose. Join Michael's **NEW Parentingideas Club** today at parentingideasclub.com.au. You'll be so glad you did.



Counselling Services

Milena Barbagallo

E: ccg_counsellor@rok.catholic.edu.au

STUDENT
SUPPORT
NETWORK

Counselling Services

Let's Talk. What's On Your Mind?

Chanel College offers counselling to students to help support those who may be dealing with difficult issues and need someone objective to discuss their concerns. Students who are stressed, anxious or are trying to handle serious problems are generally not able to focus on academic work so it is best to give them strategies so they can be fully present at school and have some fun away from their cares and worries.

Appointments

Students may be referred to the counsellor by parents, teachers or Pastoral Leaders, and may also refer themselves. Appointments can be made in the following ways:

- Email: ccg_counsellor@rok.catholic.edu.au or milena_barbagallo@rok.catholic.edu.au
- Fill out an appointment card located at Student Reception. An appointment time will then be arranged.

Confidentiality

Counselling is confidential unless there is concern for the student's safety in which case parents or outside agencies are contacted. Chanel College offers a Solution Focused Brief Therapy approach, however if your child presents as requiring a more specialised, on-going treatment, parents will be contacted and an outside specialist suggested.

If you would like to speak to me about your child, please do not hesitate to phone the College. You may need to leave a message on my phone as I do not like to interrupt a session with a child to answer the phone, however I will get back to you as soon as possible.

Life Skills

The Religious Education, Health and Physical Education and Life Skills programmes also include developmentally appropriate lessons delivered by their teachers on issues that are relevant to particular year groups. These lessons focus on communication, mental health, self-management, careers and decision making, and aim to empower students with a range of life based skills.



IMPORTANT NOTICE

CAR PARK TRAFFIC MANAGEMENT

For the safety of all of our children could you please adhere to the following traffic management plan. When entering the College please turn left onto the old basketball courts and follow the directions illustrated. It would be appreciated if the NEW CAR PARK could be filled first and the overflow then park on the Old Basketball Courts. Please adhere to the 10 km per hour speed limit when entering the College grounds.



Co-Curricular

Wendy Marsh
Co-Curricular Program Leader



Sport? Co-Curricular? How will YOU get involved?



Welcome to Chanel College 2016!

This week, all students have received an invitation to participate in a wide range of Co-Curricular and Sporting opportunities at Chanel College. The lists are not exhaustive but enable students and parents to discuss options and to plan a balanced, rewarding year. Rather than swamp the students with too much information, the form has been kept simple. If you are unsure, tick the last column and listen out for further information from the organising teacher. If you are unsure about the form, please contact Ms Kickbusch concerning the Sport or Mrs Marsh for the Co-Curricular activities.

Please ensure that both the student and parents sign the form before you return it to your Pastoral Care Teacher before Friday 5 February. Just in case your form gets misplaced, an electronic copy is available on the College website under the Contacts & Links Tab. You will then find it in the Forms & Downloads section (Sporting & Co-Curricular Opportunities)

This is YOUR great opportunity to get involved in 2016!

Kylie Kickbusch
Sports Program Leader

Wendy Marsh
Co-Curricular Program Leader

THE CONOCO PHILLIPS SCIENCE EXPERIENCE

On the last week of the school holidays 19 - 22 January, five Chanel College Students, Abi Meehan, Shelby Colebrook, Jake Kane, Sam Romagnolo and Joe Romagnolo were lucky enough to partake in the 2016 Science Experience, funded by Conoco Phillips. Thank you to Mrs Shahgholi who was kind enough to go with the students. Some of their experiences are shared below.

Abi Meehan Report

Two atoms are walking along. One of them says: "Oh, no, I think I lost an electron." "Are you sure?" "Yes, I'm positive.

Five year 10 (2015) Chanel representatives (including myself), were given the opportunity by Conoco Phillips to experience what three Brisbane universities had to offer in scientific studies.

We were able to explore an abundance of scientific fields including phorions, plant pathology, quantum physics (holograms, light waves etc), chemistry, biology, genetics and engineering. To further investigate these fields, experiments, lectures and interactive activities were organised by the YSA for the

200 plus attending students. UQ, QUT and Griffith (Nathan Campus) all had different approaches to scientific studies hence TCSE aided each student in the direction that they wished to take in science based subjects preparing for university. It also helped to open my eyes to how science provides a diverse range of invigorating careers. The four day experience wouldn't have been possible without Mrs Shahgholi who travelled with us and all the behind the scenes teachers that organise sponsorship. I highly recommend the Conoco Phillips Science Experience to students interesting in a science based career in the future.



Shelby Colebrook Report

The Conoco Phillips Science Experience aims to engage students in grades 9 and 10 to further explore their future occupations in science and also demonstrate the benefits of having a science degree. Abi Meehan, Joe and Sam Ramongalo, Jake Kane and myself were lucky enough to have been apart of this amazing opportunity. Big thanks also goes out to Mrs Shahgholi for coming with us and also to everyone who helped make this possible. During our time in Brisbane, we stayed at St Leo's college and spent our days at QUT, Griffith University and UQ. With all 3 campuses having something different to offer. The fields of science that we participated in were biomedical science, paleontology, (looking at microorganisms), forensic science, light waves, quantum physics, extracting DNA from fruits, making bike lights, holograms, plant pathology, household acids and bases, wind turbines, innovation challenge and engineering. We also attended lectures on the evolution of venomous creatures over centuries, genetic engineering, food science and how otters can teach koala's to cross roads safely. We also got to see the pitch drop experiment, it is a long term experiment that measures the flow of a piece of tar over many years. It appears to be a solid but is actually a liquid which is located at UQ. Not only did this experience allow us to expand our knowledge it also helped to create friendships.



sporting news

Kylie Kickbush
Sports Program Leader

Welcome back all to the start of the 2016 year and a very busy Term 1 for sporting events at Chanel. Kicking off our sporting year is the Inter-House swimming carnival on **Friday 12 February** (Week 3) at the town pool. This is an all-day event with students arriving and leaving from the pool (they do not need to come to the College, rolls will be marked down at the pool). Students will have the opportunity to nominate for events during House activities on **Monday 8 February**. The nominations forms will be on the Student Google site so students can access this form both at school and at home. It is important that students have their nominations in by the date stated on the nomination form as late nominations will not be accepted.

Port Curtis Trials

The majority of the Port Curtis sporting trials will be held during Term 1. The dates for these trials are on the College calendar, in the student organiser and in the daily notices. Students wanting to nominate for these trials need to put their name on the forms in the blue box found outside the staffroom. If a student has put their name down for a trial, I will forward to them (via their Pastoral Care folder) the parent consent and medical forms. The consent forms **MUST** be returned to me by the due date as late nominations will not be accepted. Students nominating for Port Curtis trials should have the intention of making themselves available for Capricornia trials.

Please note: 12 Year olds will still compete in the Primary school Port Curtis trials. All nominations for 12 Year students still need to come through the College and the same procedures for nominations mentioned above apply to the 12 Year old students.

Term 1 is very busy with sporting trials for 12 Year olds and 13 – 19 Year olds, so it is important to remind your student to listen to the morning notices for the upcoming trials and to put their name on the nomination sheets in the folders at the blue boxes outside the staffroom.

Nominations are now open for the following sports:

- 12 Years swimming
- 13 – 19 Years swimming
- 13 - 19 Years Boys and Girls Softball
- 19 Years Boys and Girls Tennis
- 16 - 19 Years Boys and Girls Volleyball
- 13 - 15 Years Boys and Girls Volleyball
- 15 - 19 Years Boys Cricket

At Chanel we love celebrating and acknowledging student achievements in the sporting arena. I am not always aware of these achievements but would invite you to share these results with me so, as a community; we can congratulate and share the students sporting success. Please contact me via email or phone to let me know of your student's achievements.

career news

Merrin Cale
Careers Officer

2016 Work Experience

- Work Experience application forms will be available in the coming weeks. As soon as they are available they will be outside the Careers Office. This includes all holiday Work Experience forms, Medical Focus application forms, and GPC Work Experience forms.
- Students interested in participating in a one day per week work experience program are to see Ms Cale in the Careers Office asap, so suitable placements can be arranged

SUN Program

Applications close for the CQU SUN Program (Start Uni Now) on **22 February**. Please see Ms Cale in the Careers Office for further information.

CQU VETis

- Confirmation of enrolments are coming in for CQU VETis. If you have not heard from CQU about your enrolment, please see Ms Cale asap in the Careers Office. Most students will be starting their courses at CQU City Campus in the week starting 8 February.

LarShar College

- All students enrolled at LarShar College start training next week, **1 February**

Please listen to your daily notices during Pastoral Care for further information on all Career correspondence.

Notices

STUDENT ACCESS CENTRE

Do you need help with Assignments? Homework? Careers?

Available for you are:

Computers & Printers, Resources & Support Material, Friendly Faces.

HOMEWORK ASSIGNMENT HELP

Monday, Tuesday, Thursday & Friday at 8.00 am.

Also First Break everyday except Thursdays.

Contact Chanel College's:

Inclusive Curriculum Coordinator: Mrs Robyn Jurd 4973 4739

Career Officer: Ms Cale on 4973 4738



COLLEGE PHOTOS

Photo Day is on **Monday 8 February**. Students are required to wear their College formal uniform on this day. All envelopes are required to be returned whether or not photos are being ordered. Individual photos will also be taken on Monday as every student receives a Student ID card which is required for use in our College.

**Assistant to the Principal
Pastoral Support & Planning
Alison Wales**

CAN YOU HELP?

Ms DiBartolo's class is needing newspapers, magazines etc, especially ones with lots of advertising throughout.

The supplements and extras in newspapers will also be happily accepted. Please drop them into the office. Thank you

Kin Kora Intersection Upgrade

Since returning to site on 5 January Shamrock Civil has been completing works at night only.

This is expected to continue until the end of the project with only minimal works being completed during the day.

During the next ten days the focus will be on the finishing works such as kerbs, lintels, new concrete footpaths, fencing and signage.

upcoming events

Week 2

Mon 1 February

- Whole School Assembly

Wed 3 February

- Chanel Board Meeting 5.30 pm

Thur 4 February

- **OPENING MASS - 9.15 am**

Week 3

Mon 8 February

- House Assembly
- **School Photos**

All Students to wear Full Formal Uniform

Wed 10 February

- Ash Wednesday House Liturgies
- **Year 10 Info Evening 6.00 pm**
- **Year 11 Info Evening 7.00 pm**

Fri 12 February

- **Inter House Swimming**

Carnival

UNIFORM SHOP

PLEASE NOTE

Opening Hours for the Uniform Shop

Monday: 8.15 am - 11.15 am

Wednesday: 8.15 am - 11.15 am

Orders can be left at the College

Office outside these hours.

Michelle Overend

Uniform Shop Manager

Ph: 4973 4705

OFFICE CLOSED

Please Note: The College Office will be CLOSED

Thursday 4 February: 9.00 - 10.15 am

Due to Opening MASS

Monday 8 February: 8.10 - 8.30 am

Due to Staff Photographs

Judith Cullen Office Manager